



## ABOUT US

# Park Regency

RETIREMENT CENTER

### MISSION STATEMENT

Our mission is to inspire hope that contributes to health and well-being for a unique care experience. We strive to deliver quality care and unparalleled hospitality to all of our guests and team members.

### LIVE YOUR LIFE, YOUR WAY

Take advantage of all the services and amenities our community has to offer. It is an ideal location for persons to consider when looking for senior living and enhancing their retirement lifestyle.

*"Expect when you ask them, 'What have you done this morning?' ... they will say, 'Nothing.' That's why we take pictures. To show the joyful moments ... they forgot they had." — Joeline Brackley*

## CONTACT US

You can be confident when choosing **PARK REGENCY RETIREMENT**. Each day we strive to provide quality care and unique care experiences to all of our guests. We are proud to offer and serve the La Habra community and beyond with a high-rated community for seniors.



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1750 W. La Habra Blvd  
La Habra, CA 90631

We invite you to come tour **PARK REGENCY RETIREMENT**. For more information or to arrange a tour, call us at 714-441-1164 or visit us online at [www.ParkRegencyRetirement.com](http://www.ParkRegencyRetirement.com)

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RETIREMENT CENTER



## WELLINGTON COURT MEMORY CARE





## WELCOME

**WELLINGTON COURT** offers a secure environment tailored to those with Alzheimer's or other forms of dementia. Our Memory Care Community is designed to be both stimulating and supportive.

Based on the philosophies and principles of Dr. Maria Montessori, our program is centered on enhancing our residents' abilities - what they can do instead of what they can't. Our goal is to support the cognitive loss many of our Memory Care residents face, and create individualized programming for them, that adds purpose and meaning to their lives.

Our team regularly gathers to review items, photos and stories collected from residents' families, giving us insight into our residents' pasts. Where are they from? What did they do? What brings them joy? Who did they love? Our team members then share their own observations about each resident's needs, abilities, challenges and what responsive behaviors are occurring and why. This allows the team to develop individualized programs, giving each resident roles and routines in their community.



## THE RIGHT PLACE TO THRIVE

### MONTESSORI LIVING

Walking down the halls of Wellington Court, you will see multi-sensory materials, resources and engaging activities that are accessible at any time. We use directional signage to help our residents find their way supporting their independence. Dedicated interactive spaces allocated for activities currently include a Working Garden, Outdoor Patio, Nursery, Workshop, Vanity, and Art Studio.

### WELLINGTON COURT OFFERS:

- Individualized activity plans appropriate to each person's abilities and interests.
- Gentle reminders and assistance as needed with daily activities.
- Housekeeping and laundry services.
- Group events, worship and celebrations promoting a family-enriched community.
- Certified and attentive care staff on-site 24/7 trained in accordance with the guidelines of the Alzheimer's Association of America and Montessori for Aging and Dementia.
- Optimum staff-to-resident ratio
- Person centered care including medication management, bathing, dressing, grooming, ongoing orientation, and guidance
- Delicious meals and snacks provided all day
- Engaging, multi-sensory activities
- Various planned and spontaneous activities including outings, exercise, and live entertainment.
- Scheduled Transportation

## NURSING SERVICES

### WELLINGTON COURT SUITES

The memory care community features comfortable, private or semi-private residential rooms. We find companion suites are a perfect solution for those looking to make their experience more affordable while receiving all the same services and amenities. Each Suite offers a private bathroom, large walk in closets, high ceilings, and patio.

### SHORT STAY / RESPITE ACCOMMODATIONS

If you would like your loved one to experience living at Park Regency Retirement's Wellington Court before making a permanent move, consider our short-term respite program. Think of it as a test-drive. It is a great way to decide if our community suits you and your loved one's lifestyle and fits your needs.

### BON APETITE

We treat each meal as an opportunity to delight. So when it comes to meal time, our professional chef takes the dining experience to heart. Offering three nutritious meals each day, your loved one can enjoy our dining services. We are able to accommodate specialized diets. Nutritious snacks are also offered and available to residents throughout the day.

## SUPPORT FOR FAMILIES

Seeing a loved one with Alzheimer's or other dementia-related conditions can be daunting. To help with the transition, Park Regency Retirement helps families with the educational resources needed to familiarize themselves with the dementia process. We regularly refer families to support groups in the area and invite speakers to come into the community to help families learn more about dementia, Alzheimer's care and our Montessori program.

